

# الأهرامات

## الدرس 1

ما هو الهرم؟

داف





[http://photos.igougo.com/pictures-photos-p39085-he\\_Great\\_Pyramid\\_of\\_Cheops.html](http://photos.igougo.com/pictures-photos-p39085-he_Great_Pyramid_of_Cheops.html)



# أي من هذه هرم؟



# أيّ من هذه هرم؟

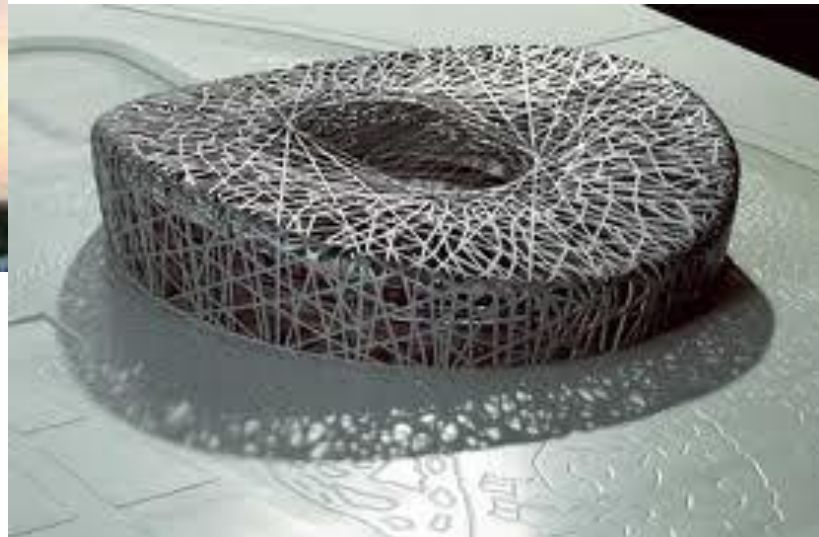
Baltyk Tower, Poznań, Poland



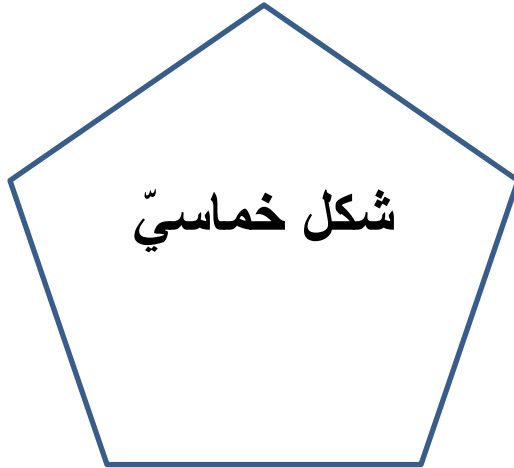
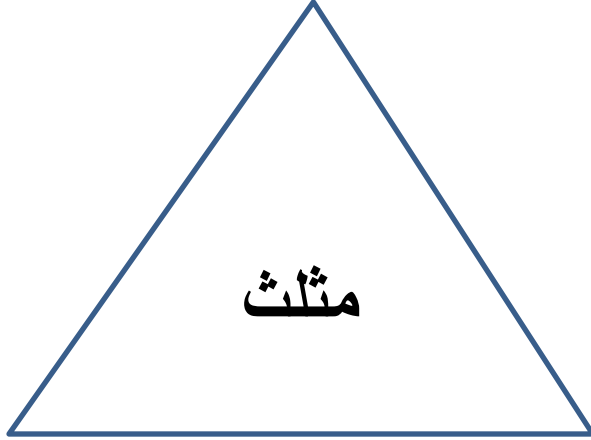
Iwalked Boston;s old granary burying ground

# أي من هذه هرم؟

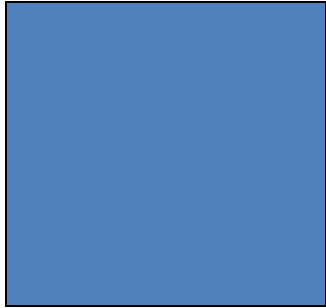
pyramid of teotihuacan



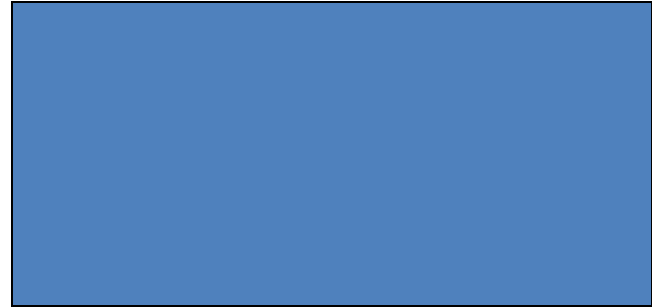
# شکل متعدد الأضلاع



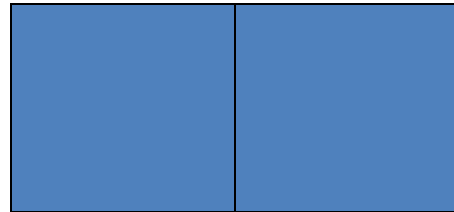
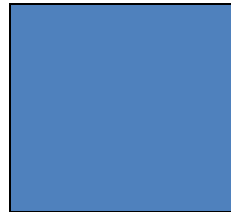


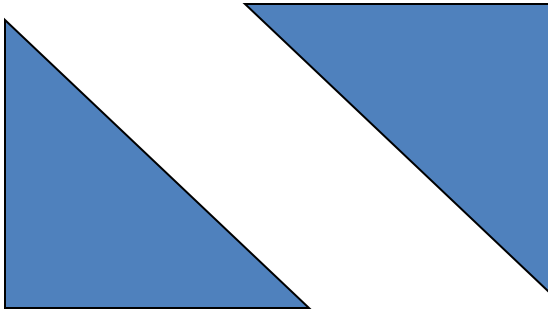


مربع

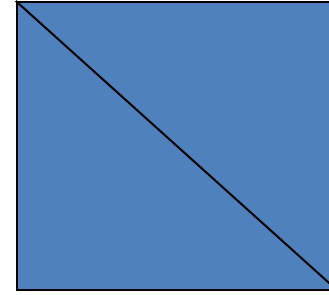


مستطيل

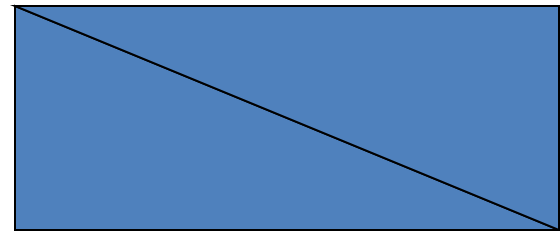
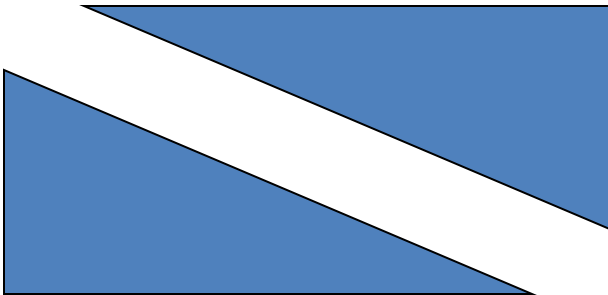


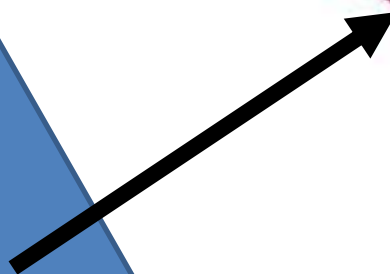
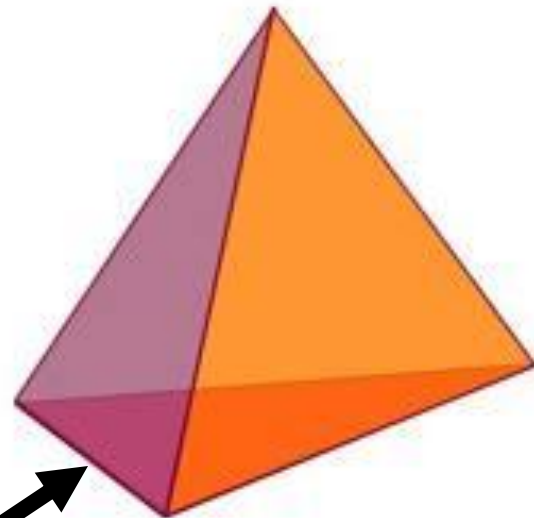
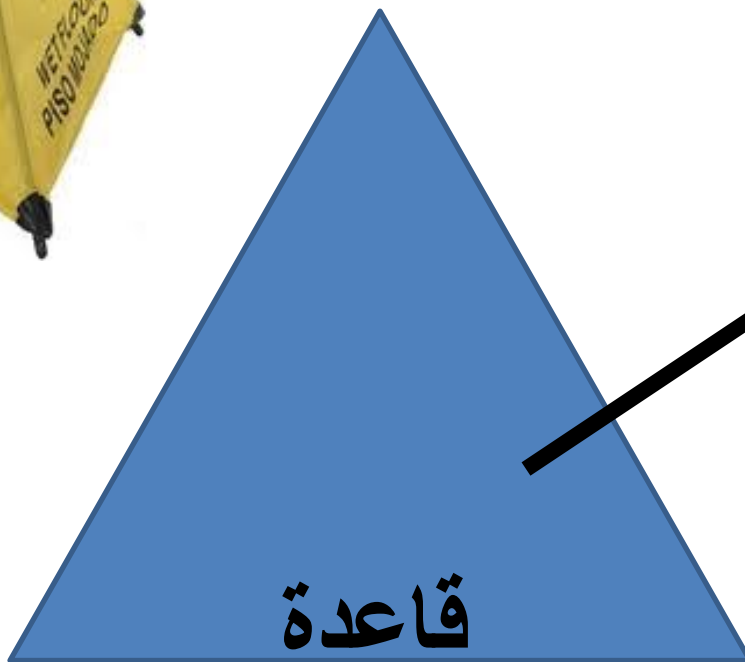


مثلثات



مربع

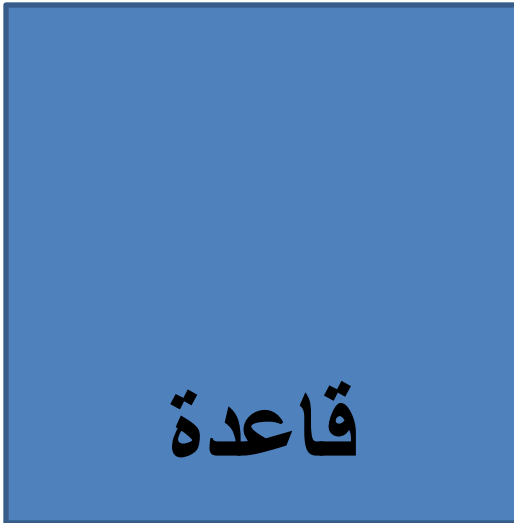
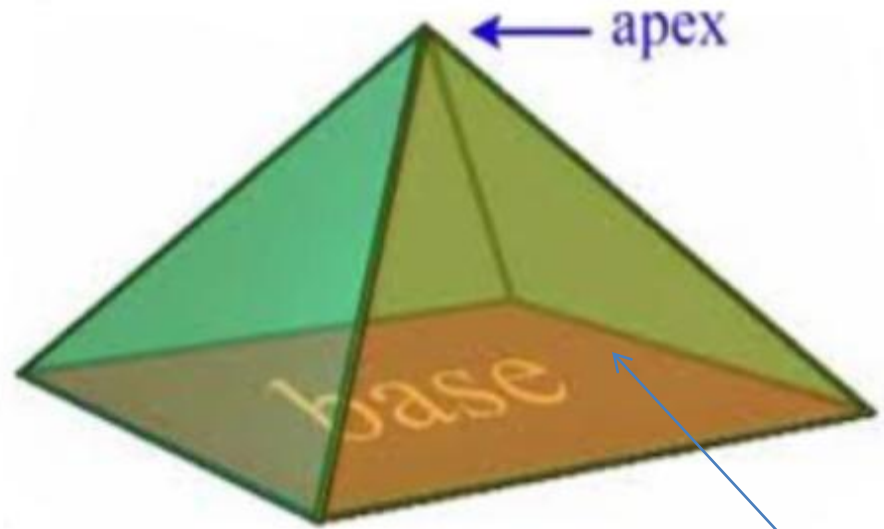




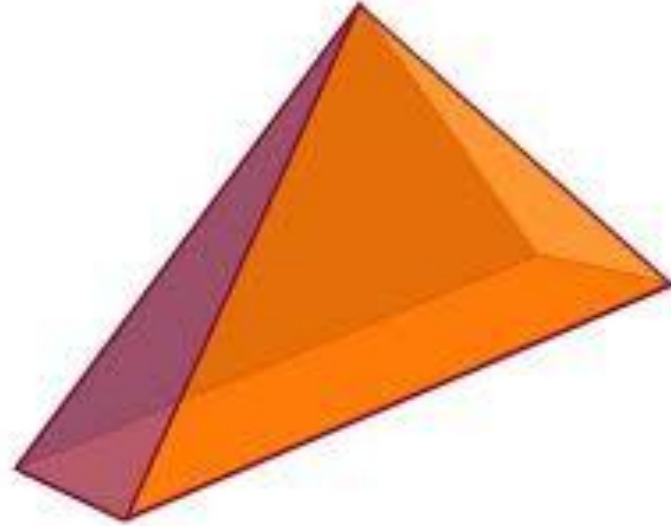
هرم مثلث القاعدة



# هرم مربع القاعدة



# هرم مستطيل القاعدة



**base**

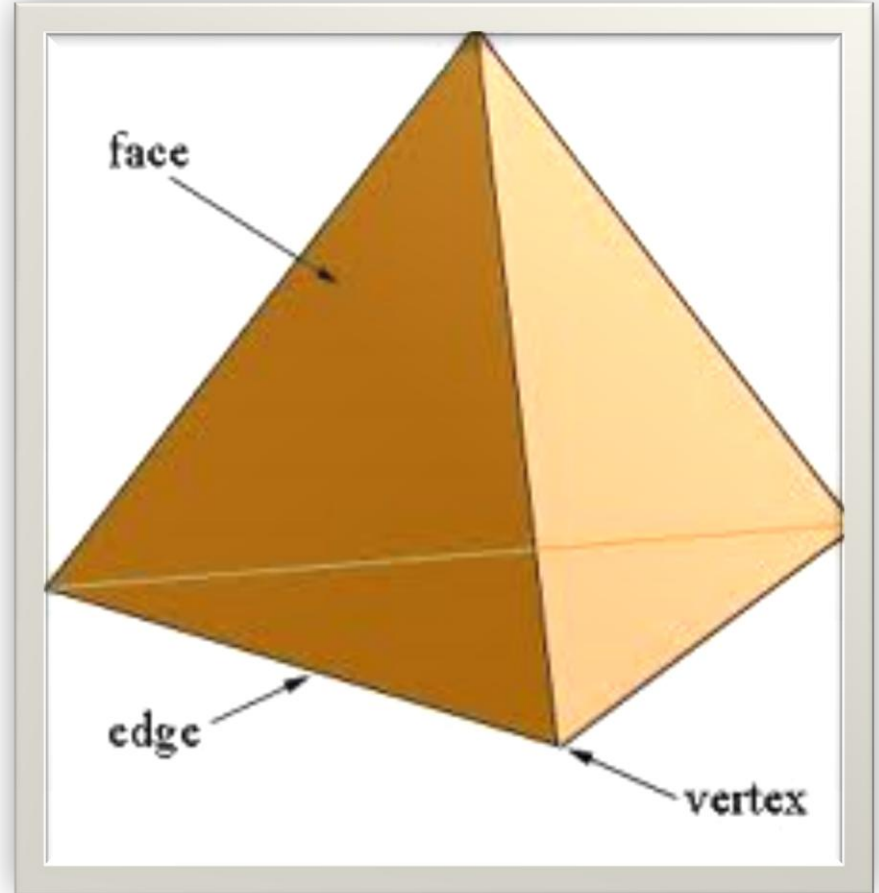
القمة

الوجه

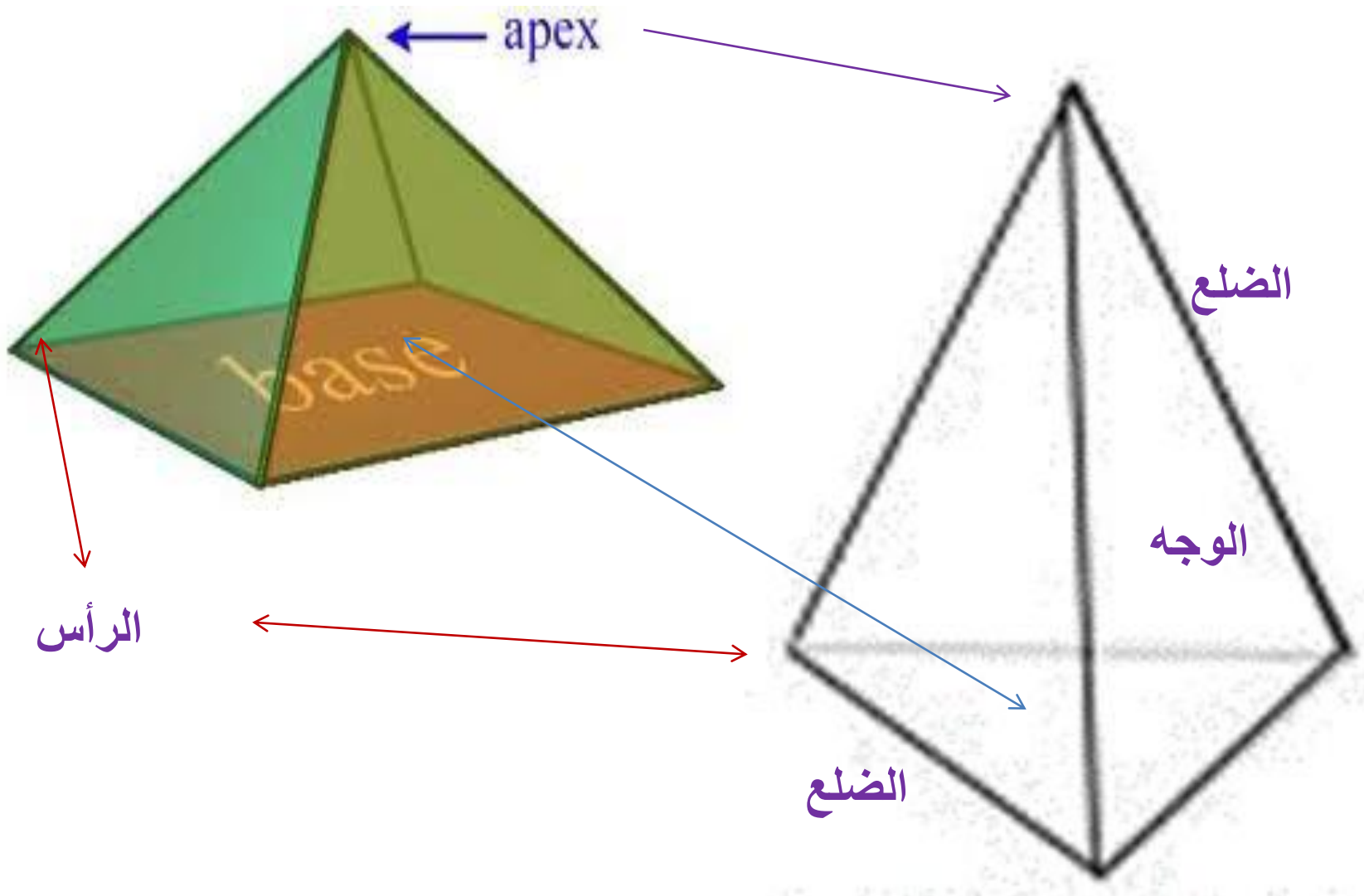
الضلع

القاعدة

الرأس



الهرم هو شكل هندسيّ



صنعت \_\_\_\_\_ له قاعدة \_\_\_\_\_ .  
للهرم .  
وجوه وقمة \_\_\_\_\_ (الرقم #)  
أعلاه. أضلاع هنا وهناك،  
تتصل \_\_\_\_\_  
بالقاعدة.

**Word Treasure Box:**





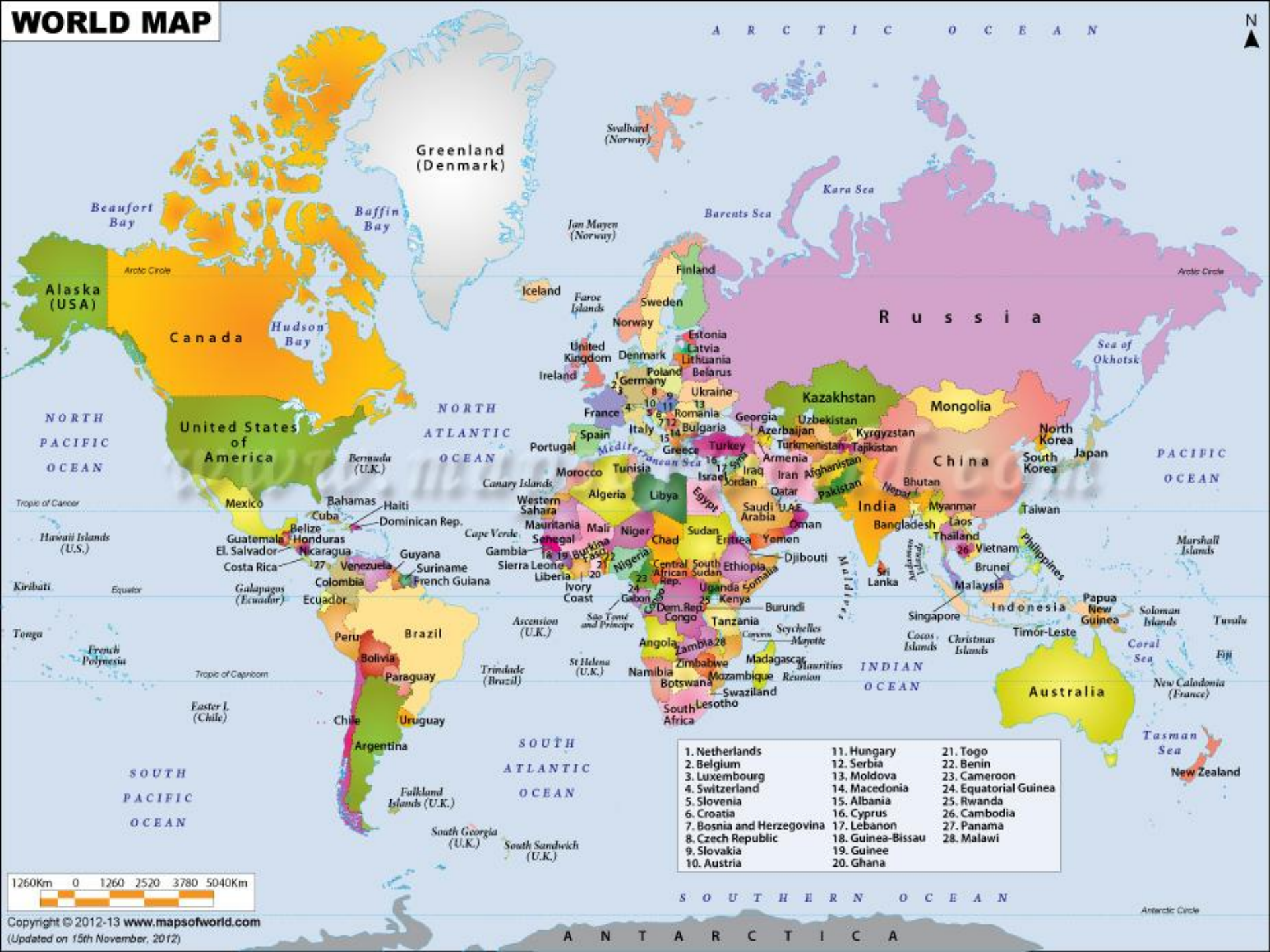
# Pyramids

## Lesson 2

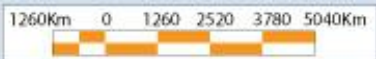
### Pyramids in Different Countries

# WORLD MAP

A R C T I C O C E A N



- |                           |                   |                       |
|---------------------------|-------------------|-----------------------|
| 1. Netherlands            | 11. Hungary       | 21. Togo              |
| 2. Belgium                | 12. Serbia        | 22. Benin             |
| 3. Luxembourg             | 13. Moldova       | 23. Cameroon          |
| 4. Switzerland            | 14. Macedonia     | 24. Equatorial Guinea |
| 5. Slovenia               | 15. Albania       | 25. Rwanda            |
| 6. Croatia                | 16. Cyprus        | 26. Cambodia          |
| 7. Bosnia and Herzegovina | 17. Lebanon       | 27. Panama            |
| 8. Czech Republic         | 18. Guinea-Bissau | 28. Malawi            |
| 9. Slovakia               | 19. Guinea        |                       |
| 10. Austria               | 20. Ghana         |                       |



A N T A R C T I C A

Antarctic Circle

# مصر



# هرم الجيزة





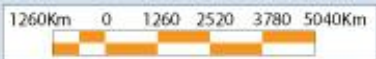
**Giza, Egypt: Pyramid of Khufu (with a square base)** <sup>21</sup>

# WORLD MAP

A R C T I C O C E A N



- |                           |                   |                       |
|---------------------------|-------------------|-----------------------|
| 1. Netherlands            | 11. Hungary       | 21. Togo              |
| 2. Belgium                | 12. Serbia        | 22. Benin             |
| 3. Luxembourg             | 13. Moldova       | 23. Cameroon          |
| 4. Switzerland            | 14. Macedonia     | 24. Equatorial Guinea |
| 5. Slovenia               | 15. Albania       | 25. Rwanda            |
| 6. Croatia                | 16. Cyprus        | 26. Cambodia          |
| 7. Bosnia and Herzegovina | 17. Lebanon       | 27. Panama            |
| 8. Czech Republic         | 18. Guinea-Bissau | 28. Malawi            |
| 9. Slovakia               | 19. Guinea        |                       |
| 10. Austria               | 20. Ghana         |                       |



A N T A R C T I C A

Antarctic Circle

# المكسيك



# المكسيك: هرم الشمس





# هرم الشمس



# المكسيك: هرم القمر



# Pyramids

A large pyramid of stone blocks, likely the Great Pyramid of Giza, is shown against a clear blue sky. The pyramid is constructed from massive, roughly-hewn stone blocks. The foreground shows the base of the pyramid and some scattered stones on the ground. A small figure of a person is visible near the base of the pyramid for scale.

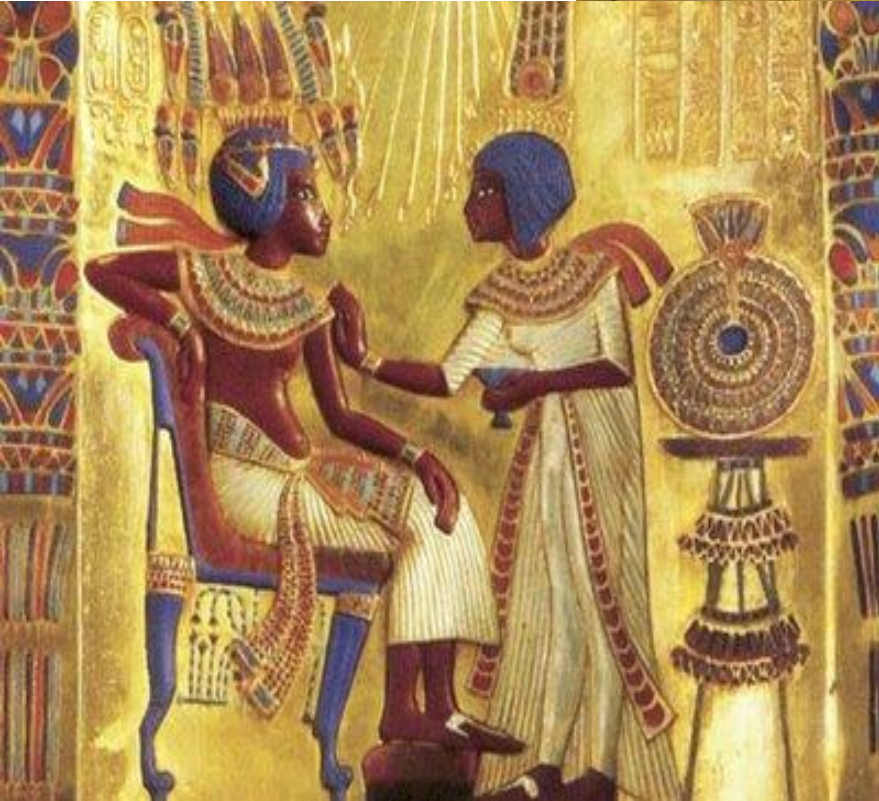
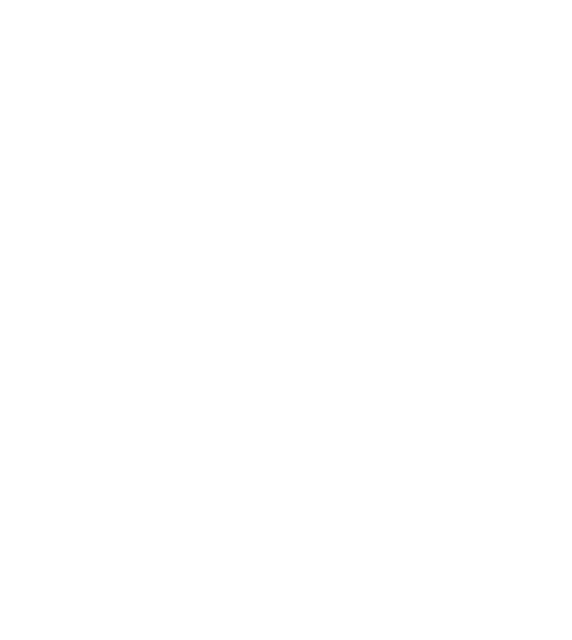
## Lesson 3

### Treasure Inside

# الملك توت: الملك الذهبي







# ما هي الثروة؟



# ما هي الثروة؟









بُنيت الأهرامات لتكريم الناس.

[http://www.africa-adventure.com/safari/10 day royal egyptian tour&docid](http://www.africa-adventure.com/safari/10%20day%20royal%20egyptian%20tour&docid)

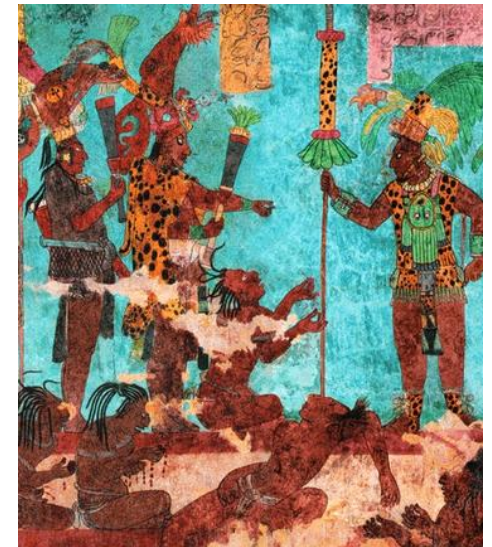
# الجداريات الهرميّة

Maize, salt and daily life  
on Mayan murals

<http://bit.ly/QJO0QF>



<http://www.screamatthebeach.com/twproductionsllc/portfolio.htm>



<http://bit.ly/TJEIUz>

# Pyramids

## Lesson 4

### Constructing Our Own Pyramids



<http://www.destination360.com/north-america/us/nevada/las-vegas/pyramid>

## الأهرامات الحديثة

<http://members.virtualtourist.com/m/p/m/1de0dd/>



# الأهرامات الحديثة



Ziggurat Architecture

First skyscraper in Paris



Merida, Mexico - Prism Apartments

<http://bit.ly/Vw3GE0>



<http://gliving.com/ginger-and-lemon-pyramid-cakes-by-greenchefs-golubka/>

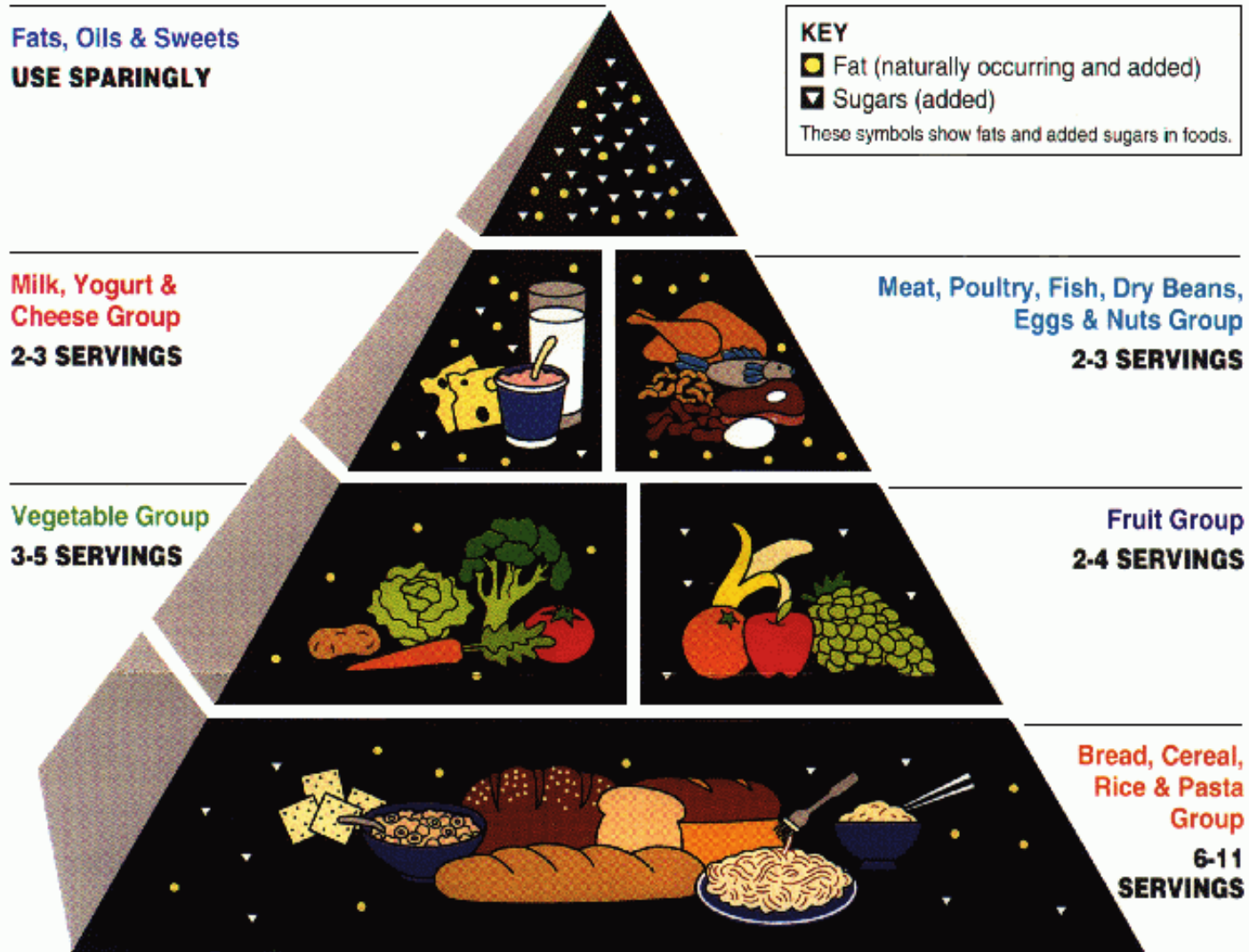


<http://www.21food.com/products/dt-25pc-pyramid-shape-chocolate-gift-box-557191.html>



<http://www.linesacross.com/2012/05/paper-pyramid-gift-boxes.html>

# الهرم الغذائي





# الهرم الرياضي

www.heartsmart.info



Cut Down On

Sitting for more than 30 minutes (EX. Watching TV, Sitting at Computer, etc.)



2-3 Times A Week

**Leisure**

- Golfing
- Gardening
- Shopping
- Bowling



**Strength & Flexibility**

- Yoga
- Take Stretch Breaks
- Push-Ups/Pull-Ups
- Weight Lifting



www.heartsmart.info

3-5 Times A Week

**Aerobic Exercises**

Accumulate a total of 30 minutes.

- Hiking
- Swimming
- Running/Jogging
- Biking
- Brisk Walking



- Basketball
- Volleyball
- Soccer
- Tennis



Every Day

Walk Often & Stay Active

- Do Yardwork
- Park Your Car Farther Way
- Get Up and Change the TV (Don't Use the Remote Control)



- Take the Stairs
- Mow the Lawn
- Walk the Dog



# Pyramids

## Lesson Five

