



# INCORPORATING MEALS AND SNACKS INTO 21<sup>ST</sup> CCLC PROGRAMS

November 16, 2012



# UNDERSTANDING THE BASICS

- Programs must be eligible in order to qualify:
  - Must be located in areas served by an elementary, middle, or high school where at least 50% of the enrolled children are eligible for free or reduced-priced meals
- Programs must offer educational or enrichment activities
- Programs must meet state and local health and safety standards
- Programs may only serve children who are 18 years or younger at the start of the school year
- Meals and snacks need to meet USDA nutrition requirements



# USDE NUTRITION REQUIREMENTS

- Meals (can be served hot or cold):
  - One serving of milk
  - Two servings of fruits and/or vegetables
  - One serving of grains or enriched bread
  - One serving of meat/meat alternate
- Snacks (must include two of the following four items):
  - One serving of milk
  - One serving of fruit and/or vegetables
  - One serving of grains or enriched bread
  - One serving of meat/meat alternate



# BEING A SPONSOR VS. BEING A SITE

## ○ Sponsor:

- Holds administrative and financial responsibility for the meal program
- Maintains records for the meal program and is responsible for its coordination
- Provides training, site visits and data collection of the sites
- Acts as the liaison between the sites and the food vendor
- Can provide meals at one site or multiple sites



# BEING A SPONSOR VS. BEING A SITE

## ○ Site:

- Maintains the physical location of the where the meal program will operate
- Monitors the food after delivery, including storage and proper temperature; minimal preparation may be necessary
- Distributes the meals and keeps daily tallies or logs



# SCHOOL AND COMMUNITY NUTRITION PROGRAMS BRANCH (SCNPB)

The screenshot shows a web browser window with the URL <http://www.marylandpublicschools.org/MSDE/programs/schoolnutrition>. The browser's address bar and menu bar are visible. The website header features the Maryland State Department of Education logo and the tagline "Preparing World-Class Students". A navigation bar includes links for "About MSDE", "Divisions", "State Board", "News Room", "School Systems", "Testing", and "Programs".

The main content area is titled "Programs" and includes a breadcrumb trail: "Programs > School / Community Nutrition". The primary heading is "School and Community Nutrition Programs", followed by the slogan "Eat Smart Maryland!". A welcome message states: "Welcome to *Eat Smart Maryland*, the website for the Maryland State Department of Education's School and Community Nutrition Programs Branch. This site provides information about several federal food and nutrition programs that help Maryland residents learn to eat smart."

A paragraph explains: "Smart eating helps young children enter school ready to learn. It helps school-age children focus on their work. It helps older Marylanders feel their best. Get ready to *Eat Smart Maryland!*"

The section "Nutrition Programs and Resources:" includes an "About Us:" sub-section with the text: "Learn about the School and Community Nutrition Programs Branch." Below this is a "Nutrition Programs:" sub-section: "Learn more about the federally funded, food and nutrition programs administered by the Maryland State Department of Education, School and Community Nutrition Branch. See if you are eligible to participate in the programs through our [eligibility calculator](#)."

An image shows a young child with glasses holding a book, with a chalkboard in the background that says "TRY ELIGIBILITY CALCULATOR".

The "Professional Development, Grants and Nutrition Resources:" sub-section states: "Learn about training programs, resources and current grants supporting Child Nutrition Programs in Maryland."

On the left side, a "MSDE Home" sidebar lists various program categories, with "Programs" expanded to show a list of sub-categories including Overview, ARRA, Awards and Recognition, BRAC / Military Families, Bridge to Excellence, Charter Schools, Common Core State Standards, Environmental Programs, Equity Assurance, ESEA Flexibility, ESOL/Title III, Family Literacy, Financial Literacy, GED, Gifted and Talented, Homeless Education Assistance, Maryland Skills2Compete, Minority Achievement, Multicultural Education, No Child Left Behind, Parent Involvement, Race to the Top, Residential Education Program, and Response to Intervention.

On the right side, there are two boxes: "Quick Links" containing "Login to MARS" and "Summer Meals Map Locator", and "Resources" containing "Related Links", "Memos, MOMs, and more on DOCUSHARE", "Free and Reduced-Price Meal Statistics", "Contact Our Staff", "Search MSDE Website", and "County School Meal Menus".



# PROGRAM ELIGIBILITY CALCULATOR

The screenshot shows a web browser window with the URL <https://marswebprod.msde.state.md.us/MARS2P/EligibilityCalculator.aspx>. The browser title is "Windows Internet Explorer". The address bar shows the same URL. The browser interface includes a menu bar (File, Edit, View, Favorites, Tools, Help), a Favorites bar, and a search bar with the Google logo.

The main content area features a blue header with the text "School and Community Nutrition Programs Branch" and a "[Log In]" link. Below the header is a yellow banner with the text "MARYLAND ACCOUNTABILITY AND REPORTING SYSTEM".

The main content area is divided into two columns. The left column is titled "Quick Links" and contains the following links: [Home](#), [Nutrition Program Information](#), and [Free and Reduced Statistics](#). The right column is titled "Eligibility Calculator" and contains the text "Select your agency's organization type:" followed by a dropdown menu with "Non-Profit" selected.

The footer of the page features the Maryland State Department of Education logo and the text "MARYLAND STATE DEPARTMENT OF EDUCATION" on the left, and "Version: 1.1.4" on the right.



# U.S. DEPARTMENT OF AGRICULTURE NUTRITION PROGRAMS ADMINISTERED BY SCNPB

- National School Lunch Program
- School Breakfast Program
- Summer Food Service Program
- Child and Adult Care Food Program
- Special Milk Program
- Food Distribution





# 21<sup>ST</sup> CCLC ↔ NUTRITION PROGRAMS

- School meals
  - breakfast, lunch, afterschool snack
- Child and Adult Care Food Program
  - at-risk afterschool meals component
  - supper and snack
- Summer Food Service Program
  - typically breakfast and lunch
  - also snack and supper



# CONTACT INFORMATION FOR SCNBP

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# SAMPLE MENU

## HRDC At Risk After School Supper Menu

**November-12**

Monday	Tuesday	Wednesday	Thursday
			11/1/2012
			Turkey Club Sandwich Lettuce Tomato Carrot Raisin Salad Milk
11/5/2012	11/6/2012	11/7/2012	11/8/2012
No Meals	No Meals 	Italian Chicken Carrots Warm Apple Slices Slice Bread Milk	Chicken Tenders Mashed Potatoes Spinach Green Beans Milk
11/12/2012	11/13/2012	11/14/2012	11/15/2012
Chicken Cacciatore w/ Tomatoes over Rice Peas N Carrots Milk	Breaded Pork Chop Mashed Potatoes Sauerkraut Slice Bread Milk	Meat Lasagna Garlic Breadstick Spinach Juice Milk	Breaded Fish Filet Mac n Cheese Lima Beans Green Beans Milk
11/19/2012	11/20/2012	11/21/2012	11/22/2012
Sloppy Joe on Roll O Brien Potatoes Baked Beans Milk	Stuffed Shells w/ Sauce n breadstick Mixed Veggies Juice Milk	  NO MEALS	
11/26/2012	11/27/2012	11/28/2012	11/29/2012
No Meals	Corn Dog Cheesy Potatoes Broccoli N Cheese Slice Bread Milk	Salisbury Steak over Rice Green Beans Brown Sugar Peaches Milk	Creamy Lemon Chicken over Pasta Spinach Peas Milk

\*Substitutions may be made according to availability of items

10/10/2012



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Q & A

