

# Supporting Student Health Needs

Healthy Students Learn Better

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## What We All Want

- ▶ Optimal care for children with health care needs in the school setting.



## School Nurses Support Student Success

Successful, Safe, and Healthy Students  
USDE Blueprint for Reform

- Providing a cradle through college and career continuum in high-poverty communities that provides effective schools, comprehensive services, and family supports.
- Supporting programs that redesign and expand the school schedule, provide high-quality afterschool programs, and provide comprehensive supports to students.

## School Nurses Support Student Success

Successful, Safe, and Healthy Students

- USDE Blueprint for Reform
- Using data to improve students' safety, health, and well-being, and increasing the capacity of states, districts, and schools to create safe, healthy, and drug-free environments.

<http://www2.ed.gov/policy/elsec/leg/blueprint/blueprint.pdf>

### **School Nurses Provide Public Health Interventions**

- ▶ Immunization compliance
- ▶ Infectious disease control and surveillance
- ▶ Disaster and emergency preparedness
- ▶ Environmental hazard monitoring
- ▶ Screening

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### **School Nurses Provide Direct Health Care**

- ▶ Case Management
- ▶ IEP Services
- ▶ 504 Services
- ▶ Illness and Injury Care
- ▶ Emergency Care

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### **School Nurses Provide Care Coordination**

- ▶ Special needs for students who are:
  - Immigrants and refugees
  - Homeless
  - Technology dependent
  - Seriously ill and have DNR orders
  - Returning to school from juvenile services
  - Learning in alternative programs

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### **School Nurses Provide Health Services for the Education Community**



- ▶ Health Teaching and Counseling
- ▶ Population-based services

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## State School Health Team Vision and Mission

Every child in Maryland will be healthy and successful in school

Empower local jurisdictions to have exemplary school health programs and services



## School Health Services Federal Laws

- 2004 reauthorization of Individuals with Disabilities Education Act (IDEA)
- Rehabilitation Act of 1973 (Section 504): provide for reasonable accommodation to a student with a disability.
- Family Education Rights and Privacy Act of 1974 (FERPA)

Maryland State Department of  
Education School Health Services

## School Health Services Maryland Laws and Regulations

- ▶ Section 7-401
  - Adequate school health services
  - Instruction in health education, including the importance of physical activity in maintaining good health; and
  - A healthful school environment.

Maryland State Department of  
Education School Health Services

## Each jurisdiction designates a school health services program coordinator



### School Health Services Maryland Laws and Regulations

- ▶ Code of Maryland Regulations (COMAR)
  - 13A.05.05.05 -.15
- ▶ Nurse Practice Act

Maryland State Department of  
Education School Health Services

### Maryland SHS Delivery Models

- ▶ RN only
- ▶ Mix of RN and LPN
- ▶ Mix of RN, LPN, CNA
- ▶ Mix of RN and CNA

### School Health Services Staffing

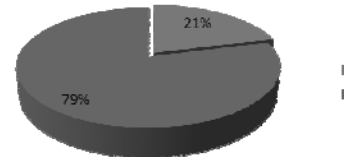


### Data Tells the Story Maryland Public Schools

- ▶ 21% of students have chronic health condition

school year 2009-2010

**chronic health conditions**



## Data Tells the Story

- ▶ Top three conditions
  - Asthma - 42%
  - ADHD - 21%
  - Anaphylaxis - 13%

## Data Tells the Story

>5M health room visits

**89%** return to class rate



## Opportunity

- Healthy Students are Better Learners
- School nurses provide effective coordination on behalf of students with health conditions

**Basch, C.E. (2010) Healthier Students Are Better Learners: A Missing Link in School Reforms to Close the Achievement Gap**

## Maryland's School-Based Health Center Program



### SBHCs in Maryland

In 2007–2008 there were:

- 61 SBHCs
- Serving 73 schools

### MD SBHC Statistics 2007–2008

- ▶ 25,547 students enrolled in SBHCs
- ▶ 13,988 students served
- ▶ 69,050 SBHC visits
  - 36,823 Somatic health visits
  - **19,142 Mental health visits (increase)**
  - **4,419 Dental visits (increase)**
  - 1,924 Substance abuse visits

### MD SBHC Statistics 2006–2007

- ▶ >26,000 students enrolled in SBHCs
- ▶ >14,500 students served
- ▶ >60,800 SBHC visits
  - 42,630 Somatic health visits
  - 10,919 Mental health visits
  - 2,360 Dental visits
  - 2,975 Substance abuse visits

### Title I Programs

- ▶ Discussion:
  - In what ways can school nurses help meet your school improvement goals?
    - Data points, e.g., absenteeism
    - Family involvement