

MD...BULLY FREE

Definition of Bullying:

“Bullying, harassment, or intimidation” means intentional conduct, including verbal, physical, or written conduct or an intentional electronic communication that creates a hostile educational environment by substantially interfering with a student’s educational benefits, opportunities, or performance, or with a student’s physical or psychological well-being and is: motivated by an actual or a perceived personal characteristic including race, national origin, marital status, sex, sexual orientation, gender identity, religion, ancestry, physical attributes, socioeconomic status, familial status, or physical or mental ability or disability; or, threatening or seriously intimidating; and, occurs on school property, at a school activity or event, or on a school bus; or, substantially disrupts the orderly operation of a school.

“Electronic communication” means a communication transmitted by means of an electronic device, including a telephone, cellular phone, computer, or pager.

- Maryland State Department of Education... The Student Services and Alternative Programs Branch staff provides leadership and technical assistance to local school systems to promote a safe environment conducive to learning and free from bullying and harassment...
http://www.marylandpublicschools.org/MSDE/divisions/studentschoolsvcs/student_services_alt/bullying/
- Maryland State Department of Education Model Bullying Policy...
<http://www.marylandpublicschools.org/NR/rdonlyres/0700B064-C2B3-41FC-A6CF-D3DAE4969707/19401/ModelBullyingPolicyDRAFT102108.pdf>

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- ❑ National Association of School Psychologist (NASP)... vigorously promotes and supports efforts to rid America's schools of the destructive influence of violence in all of its forms. NASP believes that schools must continue to increase levels of safety and security that promote youth wellness and resilience.
www.nasponline.org/families/index.aspx
- ❑ Aggressors, Victims, and Bystanders... Teenage Health Teaching Modules (THTM) is a successful, nationally used, and independently evaluated comprehensive school health curriculum for grades 6 to 12. It provides adolescents with the knowledge and skills to act in ways that enhance their immediate and long-term health. The evaluation of THTM concluded that the curriculum produced positive effects on students' health knowledge, attitudes, and self-reported behaviors... www.thtm.org/special.htm
- ❑ Al's Pals: Kids Making Healthy Choices... *Al's Pals* and *Al's Caring Pals* help children who are on the receiving end of bullying by teaching them to assert themselves. Instead of perpetuating bullying by remaining passive, "on-lookers" learn to care about the feelings of others and to not tolerate hurtful behavior. Children who display bullying behavior, as well as those who are victims of it and bystanders, all benefit when they learn more positive social behaviors... www.wingspanworks.com
- ❑ Bullying Prevention Program (Olweus)... The *Olweus Bullying Prevention Program* is a school-wide, systems change program that is effective at reducing rates of bullying in a school if implemented with fidelity... www.olweus.org/public/index.page
- ❑ Bully Proofing Series... Sopris, a Cambium Learning™ company, was founded on the belief that all students can achieve. The company specializes in providing research-based curricula, targeted interventions, assessment, positive school climate resources, and professional services to educators working with preK-12 students who have special needs... www.soprislearning.com
- ❑ Peacebuilders... is a science-based, research-validated violence prevention curriculum and professional development program for grades pre-K to 12. Its essence is a common language - six principles, taught, modeled and practiced. These same principles set behavioral expectations, reduce aggression, and transform the climate and culture of any environment to one which is cooperative, productive, and academically successful... www.peacebuilders.com
- ❑ Steps to Respect... The researched-based STEPS TO RESPECT program teaches elementary students to recognize, refuse, and report bullying, be assertive, and build friendships... www.cfchildren.org/programs/str/overview

- ❑ Standing Up, Not Standing By... Use this kit to stop cyberbullies in their tracks. It has the materials you need to show students how to stand up when they see digital harassment happening and to help you create a positive school culture where kids can thrive – both online and off. .. www.commonsense.org/cyberbullying-toolkit
- ❑ Pacer Center... A creative, innovative and educational website designed for elementary school students to learn about bullying prevention, engage in activities and be inspired to take action... www.pacerteensagainstabullying.org/#/home
- ❑ Center for Disease Control and Prevention... CDC.gov is CDC's primary online communication channel. Annually, there are close to 500 million page views to the site, averaging 41 million page views per month. CDC.gov provides users with credible, reliable health information... www.cdc.gov/lgbthealth/youth-resources.htm
- ❑ The Trevor Project... The Trevor Project is determined to end suicide among LGBTQ youth by providing life-saving and life-affirming resources including our nationwide, 24/7 crisis intervention lifeline, digital community and advocacy/educational programs that create a safe, supportive and positive environment for everyone... www.thetrevorproject.org
- ❑ The Bully Project... The Bully Project film is a new feature-length documentary that follows "a year in the life" of America's bullying crisis, and offers an intimate look at how bullying has touched the lives of five kids and their families... www.thebullyproject.com
- ❑ Think B4 you Speak... This campaign aims to raise awareness about the prevalence and consequences of anti-LGBT bias and behavior in America's schools. Ultimately, the goal is to reduce and prevent the use of homophobic language in an effort to create a more positive environment for LGBT teens. The campaign also aims to reach adults, including school personnel and parents; their support of this message is crucial to the success of efforts to change behavior... www.thinkb4youspeak.com/TheCampaign
- ❑ National Bullying Prevention Center... Founded in 2006, PACER's National Bullying Prevention Center unites, engages and educates communities nationwide to address bullying through creative, relevant and interactive resources. PACER's bullying prevention resources are designed to benefit all students, including students with disabilities... www.pacer.org/bullying/resources
- ❑ Center for Safe and Responsible Internet Use... Mobilizing educators, parents, students, and others to combat online social aggression... csriu.org/cyberbully
- ❑ i-Safe... i-SAFE Inc. is a leading publisher of media literacy and digital citizenship education materials and programming with worldwide distribution channels... www.isafe.org

- ❑ Bullying... Bullying.org's purpose is to eliminate bullying in our society by supporting individuals and organizations to take positive actions against bullying through the sharing of resources, and to guide and champion them in creating non-violent solutions to the challenges and problems associated with bullying... <http://www.bullying.org/index.cfm>
- ❑ Bully Beware Productions... Teachers, students, support staff, parents and administrators need to work as a team to take action against bullying. Bully Beware offers Resources, Products and information for Educators, Families and Students... <http://www.bullybeware.com>
- ❑ Set Straight on Bullies... The National School Safety Center serves as an advocate for safe, secure and peaceful schools worldwide and as a catalyst for the prevention of school crime and violence. NSSC provides school communities and their school safety partners with quality information, resources, consultation, and training services. The National School Safety Center identifies and promotes strategies, promising practices and programs that support safe schools for all students as part of the total academic mission... <http://www.schoolsafety.us/products/videos>
- ❑ Taking the Bully by the Horns... does exactly what the title implies. It takes the bull or “bully” by the horns — stopping it before it stops you (or your child). “Taking the Bully by the Horns” books, bullying programs for staff and students, and anti-bullying workshops all definitively answer the question – What is Bullying? And what can you do to STOP IT. You’ll also learn how to identify bullies, and how to deal with the effects of bullying... <http://kathynoll.wordpress.com>
- ❑ Teaching Tolerance... Teaching Tolerance is dedicated to reducing prejudice, improving intergroup relations and supporting equitable school experiences for our nation's children. We provide free educational materials to teachers and other school practitioners in the U.S. and abroad... <http://www.tolerance.org>
- ❑ Stop Bullying... StopBullying.gov provides information from various government agencies on how kids, teens, young adults, parents, educators and others in the community can prevent or stop bullying... www.stopbullying.gov

Other organizations that have identified evidenced based bullying prevention and intervention efforts include (but are not necessarily limited to) the following:

- ❑ Center for the Study and Prevention of Violence, Institute of Behavioral Science at the University of Colorado at Boulder... www.colorado.edu/cspv/blueprints
- ❑ National Registry of Evidence-Based Programs and Practices (NREPP) is a searchable database of interventions to help people, agencies, and organization implement practices and programs in their communities... <http://nrepp.samhsa.gov>

- ❑ The Promising Practices Network is a unique resource that offers credible, research-based information on what works to improve the lives of children and families...
www.promisingpractices.net
- ❑ Anti-Defamation League: A World of Difference Institute, A Classroom of Difference addresses diversity issues in pre-kindergarten through 12th grade school communities..
www.adl.org/education/edu_awod/awod_classroom.asp
- ❑ Center for Disease Control Measuring Bullying Victimization, Perpetration, and Bystander Experiences: A Compendium of Assessment Tools...
www.cdc.gov/violenceprevention/pub/measuring_bullying.html
- ❑ Collaborative for Academic, Social and Emotional Learning (CASEL)... <http://casel.org>
- ❑ The Cyberbullying Research Center is dedicated to providing up-to-date information about the nature, extent, causes, and consequences of cyberbullying among adolescents...
<http://cyberbullying.us>
- ❑ CyberSmart! Cyberbullying Package, under partnership with National School Board Association's Technology Leadership Network...
<http://cybersmartcurriculum.org/cyberbullying/nsba>
- ❑ Federation of Children with Special Needs, article Vulnerable Targets: Students with Disabilities and Bullying... <http://fcsn.org/newsline/v30n3/bullying.php>
- ❑ The Federal Partners in Bullying Prevention Steering Committee...<http://www.stopbullying.gov>
- ❑ Gay, Lesbian and Straight Education Network: Anti-Bullying Resources...
www.glsen.org/cgi-bin/iowa/all/antibullying/index.html
- ❑ The Hamilton Fish Institute on School and Community Violence at the George Washington University... <http://www.hamfish.org>
- ❑ Medline Plus: Bullying, a service of the National Library of Medicine and the National Institutes of Health... www.nlm.nih.gov/medlineplus/bullying.html
- ❑ Mental Health America's Factsheet: Bullying and Gay Youth...
www.nmha.org/index.cfm?objectid=CA866DCF-1372-4D20-C8EB26EEB30B9982
- ❑ National Criminal Justice Reference Service, U.S. Department of Justice, Internet Safety Information... www.ncjrs.gov/internetsafety
- ❑ National School Safety Center... www.schoolsafety.us
- ❑ Pacer Center, National Center for Bullying Prevention... www.pacer.org/bullying
- ❑ STRYVE: Striving to Reduce Youth Violence Everywhere...
www.safeyouth.gov/Pages/Home.aspx

- ❑ U.S. Department of Education Safe and Supportive Schools Technical Assistance Center... safesupportiveschools.ed.gov/index.php?id=01
- ❑ Maryland Department of Health and Mental Hygiene, Infectious Disease and Environmental Health Administration... <http://eh.dhmh.md.gov/ideha>
- ❑ Gay and Lesbian Community Center of Baltimore and Central Maryland... <http://glccb.org>
- ❑ Baltimore SAIM (Sufficient As I Am)... SAIM@glccb.org
- ❑ Empowering New Concepts | The PORTAL - Baltimore's African American SGL Community Center... www.theportalbmore.org
- ❑ Rainbow Youth Alliance... www.infowebpage.org/rya
- ❑ Parents and Friends of Lesbians and Gays (PFLAG) [National]... www.pflag.org
- ❑ National PTA... www.pta.org/bullying.asp
- ❑ Rosalind Wiseman, Creating Cultures of Dignity... rosalindwiseman.com/
- ❑ The Mid-Atlantic Equity Consortium, Inc... www.maec.org
- ❑ Substance Abuse & Mental Health Services Admin. (SAMHSA) <http://nrepp.samhsa.gov/>
- ❑ National Association of School Psychologists (NASP) Success in school online resource kit... <http://www.naspcenter.org/resourcekit/index.html>
- ❑ National Center on PBIS... <http://www.PBIS.org>
- ❑ Fight Crime: Invest in Kids... <http://www.fightcrime.org/> ... This study by a national advocacy group documents how bullying spawns loneliness, depression, and suicidal tendencies among its victims and foreshadows crime and violence by perpetrators.
- ❑ Committee for Children... <http://www.cfchildren.org/>
- ❑ Education Resources Information Center (ERIC) Database... <http://www.eric.ed.gov/>
- ❑ University of Oregon-Institute on Violence and Destructive Behavior... <http://pages.uoregon.edu/ivdb/>
- ❑ National Crime Prevention Council... <http://www.ncpc.org/>
- ❑ National Criminal Justice Reference Service... <https://www.ncjrs.gov/>
- ❑ Maryland Youth Crisis Hotline... 1-800-422-0009
- ❑ Gay and Lesbian Center of Baltimore Switchboard in evening... 410-837-8888
- ❑ In Crisis ... If you or someone you know is in crisis and is considering suicide call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255) or the Trevor Lifeline at 1-866-488-7386.

Religious Organizations

- ❑ Affirmation (Mormon)... www.affirmation.org
- ❑ Affirmation (United Methodist)... www.umaffirm.org
- ❑ Al-Fatiha Foundation (Muslim)... www.al-fatiha.org
- ❑ Association of Welcoming and Affirming Baptists... www.wabaptists.org
- ❑ Brethren/Mennonite Council for Lesbian and Gay Concerns ... www.bmclgbt.org
- ❑ Dignity/USA (Catholic)... www.dignityusa.org
- ❑ Emergence International (Christian Scientist)... www.emergence-international.org
- ❑ Evangelicals Concerned with Reconciliation... www.ecwr.org
- ❑ Gay Buddhist Fellowship... www.gaybuddhist.org
- ❑ Integrity (Episcopalian)... www.integrityusa.org
- ❑ Lutherans Concerned... www.lcna.org
- ❑ More Light Presbyterians... www.mlp.org
- ❑ Office of BGLT Concerns for Unitarian Universalists Association... www.uua.org/obgltc
- ❑ SDA Kinship International... www.sdakinship.org
- ❑ World Congress of Gay and Lesbian Jewish Organization... www.glbtejews.org
- ❑ Unity Fellowship Church Movement (African-American)...
www.unityfellowshipchurch.org
- ❑ Metropolitan Community Church (MCC) of Baltimore... www.mccbaltimore.org
- ❑ New Light Metropolitan Community Church of Hagerstown... www.newlightmcc.com
- ❑ Trans Faith Online... www.transfaithonline.org
- ❑ Trans Torah... www.transtorah.org

Books and Other Publications


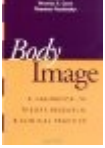
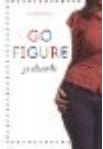
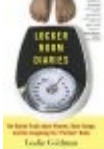

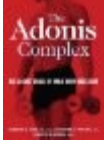
- ❑ *Cyber Bullying*. Kowalski, Limber, & Agatston (2008). Blackwell.
- ❑ *Children and Bullying: How Parents and Educators Can Reduce Bullying at School*. Rigby (2008). Blackwell Publishers.
- ❑ *Protect Your Child from Bullying: Expert Advice to Help You Recognize, Prevention, and Stop Bullying Before Your Child Gets Hurt*. Beane (2008). Jossey-Bass.
- ❑ *Bullying at school: What we know and what we can do*. Olweus, D. (1993). NY: Blackwell.

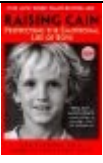
- ❑ Bullying prevention: Creating a positive school climate and developing social competence. Orpinas, P. & Horne, A. (2005). American Psychological Association.
- ❑ *Bullying in American schools*. Espelage, D. & Swearer, S. (2011). Lawrence Erlbaum.
- ❑ *Bullying in schools: How successful can interventions be?* (2004). Smith, P., Pepler, D., & Rigby, K. Cambridge.
- ❑ *Bullying Prevention and Intervention: Realistic Strategies for Schools*. (2009). Swearer, S., Espelage, D., & Napolitano, S. A. Guilford.

These Book Resources courtesy of Rosalind Wiseman


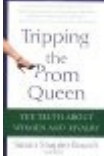


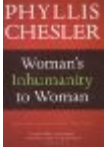



 <p><u>Chrysanthemum</u></p>	 <p><u>How to Lose All Your Friends</u></p>	 <p><u>Just Kidding</u></p>
 <p><u>My Mouth Is a Volcano</u></p>	 <p><u>My Secret Bully</u></p>	 <p><u>Odd Velvet</u></p>
 <p><u>A Pig Is Moving in</u></p>	 <p><u>Sorry!</u></p>	 <p><u>Stand Tall</u></p>
 <p><u>The Sneetches and Other Stories</u></p>	 <p><u>Too Perfect</u></p>	 <p><u>Trouble Talk</u></p>
 <p><u>Worst Best Friend</u></p>	 <p><u>You Can't Say You Can't Play</u></p>	 <p><u>Everything You Never Wanted Your Kids to Know About Sex (but were afraid they'd ask)</u></p>

 <p><u>Mom, Dad, I'm Gay.</u></p>	 <p><u>Sexualities: Identities, Behaviors, and Society</u></p>	 <p><u>Teenage Sexuality : Opposing Viewpoints (Opposing Viewpoints)</u></p>
 <p><u>The Sex Lives of Teenagers: Revealing the Secret World of Adolescent Boys and Girls</u></p>	 <p><u>Dating Violence: Young Women in Danger (New Leaf (Seal Press))</u></p>	 <p><u>Domestic Violence: No Longer Behind the Curtains</u></p>
 <p><u>I Will Survive</u></p>	 <p><u>In Love and In Danger</u></p>	 <p><u>Male Victims of Sexual Assault (Oxford Medical Publications)</u></p>
 <p><u>Protecting the Gift</u></p>	 <p><u>Rethinking Domestic Violence</u></p>	 <p><u>Surviving the Silence: Black Women's Stories of Rape</u></p>
 <p><u>The Batterer: A Psychological Profile</u></p>	 <p><u>The Gift of Fear</u></p>	 <p><u>Violence in the Lives of Black Women: Battered, Black, and Blue (Women & Therapy)</u></p>
 <p><u>Women Who Kill</u></p>	 <p><u>A Bad Case of Tattle Tongue</u></p>	 <p><u>Bootsie Barker Bites</u></p>

 <p><u>We Can't Teach What We Don't Know: White Teachers, Multiracial Schools (Multicultural Education) (Paper)</u></p>	 <p><u>"Why Are All The Black Kids Sitting Together in the Cafeteria?"</u></p>	 <p><u>Women without Class: Girls, Race, and Identity</u></p>
 <p><u>Body Image: A Handbook of Theory, Research, and Clinical Practice</u></p>	 <p><u>Boys Get Anorexia Too: Coping with Male Eating Disorders in the Family (Lucky Duck Books)</u></p>	 <p><u>Can't Buy My Love: How Advertising Changes the Way We Think and Feel</u></p>
 <p><u>Deadly Persuasion: Why Women And Girls Must Fight The Addictive Power Of Advertising</u></p>	 <p><u>Go Figure</u></p>	 <p><u>Locker Room Diaries: The Naked Truth about Women, Body Image and Re-imagining the "Perfect" Body</u></p>
 <p><u>Looks</u></p>	 <p><u>Making Weight: Healing Men's Conflicts with Food, Weight, and Shape</u></p>	 <p><u>The Adonis Complex: How to Identify, Treat and Prevent Body Obsession in Men and Boys</u></p>
 <p><u>The Cult of Thinness</u></p>	 <p><u>The Geography of Girlhood</u></p>	 <p><u>The Good Body</u></p>

 <p><u>Invisible Man</u></p>	 <p><u>The Muscular Ideal: Psychological, Social, and Medical Perspectives</u></p>	 <p><u>Body Image: Understanding Body Dissatisfaction in Men, Women and Children</u></p>
 <p><u>Adolescent Sexuality: A Historical Handbook and Guide (Children and Youth: History and Culture)</u></p>	 <p><u>Dude, You're a Fag: Masculinity and Sexuality in High School</u></p>	 <p><u>Youth Media (Routledge Introductions to Media and Communications)</u></p>
 <p><u>Working With Parents</u></p>	 <p><u>A Framework for Understanding Poverty</u></p>	 <p><u>Discipline Strategies for the Classroom: Working with Students</u></p>
 <p><u>Understanding Learning: the How, the Why, the What</u></p>	 <p><u>Raising Cain</u></p>	 <p><u>Adolescent Boys: Exploring Diverse Cultures of Boyhood</u></p>
 <p><u>Affirming Diversity: The Sociopolitical Context of Multicultural Education, MyLabSchool Edition (4th Edition)</u></p>	 <p><u>All About Love: New Visions</u></p>	 <p><u>Bridges Out of Poverty</u></p>

 <p><u>Good Kids from Bad Neighborhoods: Successful Development in Social Context</u></p>	 <p><u>Hidden Rules of Class at Work</u></p>	 <p><u>Hopeful Girls, Troubled Boys</u></p>
 <p><u>Race in the Schoolyard</u></p>	 <p><u>School Kids/Street Kids: Identity Development in Latino Students (Sociology of Education, 10)</u></p>	 <p><u>The Color of Success: Race And High-achieving Urban Youth</u></p>
 <p><u>Outliers</u></p>	 <p><u>Under-Resourced Learners: 8 Strategies to Boost Student Achievement</u></p>	 <p><u>Up Against Whiteness: Race, School And Immigrant Youth</u></p>
 <p><u>Urban Girls Revisited: Building Strengths</u></p>	 <p><u>See Jane Win: The Rimm Report on How 1,000 Girls Became Successful Women (Miniature Editions)</u></p>	 <p><u>Stressed-out Girls: Helping Them Thrive in the Age of Pressure</u></p>
 <p><u>The Blueprint for My Girls: How to Build a Life Full of Courage, Determination, & Self-love</u></p>	 <p><u>The Girl's Guide to Absolutely Everything</u></p>	 <p><u>The JGirl's Guide: The Young Jewish Woman's Handbook For Coming Of Age</u></p>

 <p><u>The Secret Lives of Girls: What Good Girls Really Do--Sex Play, Aggression, and Their Guilt</u></p>	 <p><u>The Period Book, Updated Edition: Everything You Don't Want to Ask (But Need to Know)</u></p>	 <p><u>Tripping the Prom Queen</u></p>
 <p><u>Mean Girls Grown Up: Adult Women Who Are Still Queen Bees, Middle Bees, and Afraid-to-Bees</u></p>	 <p><u>Listen Up</u></p>	 <p><u>Voices of a Generation</u></p>
 <p><u>Adolescents, Media, and the Law: What Developmental Science Reveals and Free Speech Requires (American Psychology-law Society)</u></p>	 <p><u>Can't Stop Won't Stop</u></p>	 <p><u>Woman's Inhumanity to Woman</u></p>
 <p><u>Cyber Bullying: Bullying in the Digital Age</u></p>	 <p><u>Cyber-Bullying</u></p>	 <p><u>Cyber-Safe Kids, Cyber-Savvy Teens</u></p>
 <p><u>Generation MySpace</u></p>	 <p><u>So Sexy So Soon</u></p>	 <p><u>Young People and New Media: Childhood and the Changing Media Environment</u></p>

 <p><u>The Pecking Order</u></p>	 <p><u>When Parents Disagree and What You Can Do About It</u></p>	 <p><u>Bullying From Both Sides: Strategic Interventions for Working With Bullies & Victims</u></p>
 <p><u>Bullying, Victimization, And Peer Harassment: A Handbook of Prevention And Intervention</u></p>	 <p><u>The Motivation Breakthrough</u></p>	 <p><u>The Pact</u></p>
 <p><u>Girls Will Be Girls</u></p>	 <p><u>New Moon: Friendship (New Moon)</u></p>	 <p><u>Odd Girl Speaks Out</u></p>
 <p><u>Odd Girl Out</u></p>	 <p><u>Ophelia Speaks: Adolescent Girls Write About Their Search for Self</u></p>	 <p><u>Surviving Ophelia</u></p>
 <p><u>Our Boys Speak: Adolescent Boys Write About Their Inner Lives</u></p>	 <p><u>Ophelia's Mom: Loving and Letting Go of Your Adolescent Daughter</u></p>	 <p><u>Reviving Ophelia</u></p>
 <p><u>Packaging Girlhood: Rescuing Our Daughters from Marketers' Schemes</u></p>	 <p><u>Promiscuities: The Secret Struggle for Womanhood</u></p>	 <p><u>Raising Their Voices: The Politics of Girls Anger</u></p>



[See Jane Hit](#)



[Lost Boys](#)